



BOARD OF COMPLEMENTARY AND ALTERNATIVE MEDICINES

Elaboration of Abbreviations for ICDSS EHR for AYUSH on Naturopathy and Yoga Prescriptions for 357 biomedical conditions

Sr. No	Treatment modality	Abbreviation
1.	Acupressure	ACPr
2.	Acupuncture	AcPn
3.	Affusion	Aff to
4.	Alternate Hip Bath	Alt HB
5.	Aromatherapy	Ar T
6.	Asthma Bath	AsB
7.	Chromotherapy-Sun Bath	Sun B
8.	Cold Foot Bath	CFB
9.	Cold Half Bath	C % B
10.	Cold Hip Bath	CHB
11.	Cold Immersion Bath	CIB
12.	Cold Immersion Bath With Epsom Salt	CIB + EP
13.	Cold Spinal Bath	CSB
14.	Cold Spinal Spray	CSS
15.	Constructive Diet	CD
16.	Contrast Baths	CTB
17.	Contrast Packs (Alternate/Simultaneous)	Alt Pk
18.	Derivative Massage	DM
19.	Eliminative Diet	ED
20.	Enema	N En
21.	Epsom Salt Pack	Ep. Pk
22.	Exercise Therapy	ExT
23.	Eye Wash	E W

24.	Facial Mud	F Mud
25.	Facial Steam	F. St
26.	Fasting	Fg
27.	Fomentation	Fm
28.	Full Body Massage	FBM
29.	Full Mud Bath	FMB
30.	Full Wet Sheet Pack	FWPk
31.	Gastro Hepatic Pack	GH Pk
32.	General Yoga	G Yoga
33.	Graduated Immersion bath	GIB
34.	Green Juice Therapy	GJT
35.	Hot Foot And Arm Bath	HFAB
36.	Hot Hip Bath	HHB
37.	Hot Immersion Bath	HIB
38.	Hot Immersion Bath With Epsom Salt	HIB + Ep
39.	Hot Spinal Bath	HSB
40.	Hot Spinal Spray	HSS
41.	Interferential Therapy	IFT
42.	Infrared	IR
43.	Jet Shower Massage	JSM
44.	Juice Diet	JD
45.	Kapalabhati Kriya	KPB
46.	Kidney Pack	Kd Pk
47.	Kriya Yoga	KY
48.	Laghu Sankha Prakshalana	LSP
49.	Local Compresses	Comp
50.	Local Douches	LD
51.	Local Ice Massage	I.M
52.	Local Mud application	Mud
53.	Local Packs	PK
54.	Local Steam	L. St
55.	Magnetic Treatment	Mgt
56.	Massage(Local)	PM
57.	Mud Pack To Abd. & Eyes	APK, EPK
58.	Muscle Stimulator	M. St

59.	Mustard Pack	Ms Pk
60.	Nadishuddhi Pranayama	NS
61.	Natural Living	NL
62.	Neem Enema	Nm En
63.	Neti Kriya	N Kriya
64.	Neutral Hip Bath	NHB
65.	Neutral Immersion Bath	NIB
66.	Neutral Immersion Bath With Epsom Salt	NIB + Ep
67.	Neutral Spinal Bath	NSB
68.	Neutral Spinal Spray	NSS
69.	Cold Enema	C En
70.	Reflexology	Rfx
71.	Relaxation Technique	RT
72.	Sand Fomentation	SF
73.	Sauna Bath	Sa B
74.	Sitz Bath	Sz B
75.	Soothing Diet	SD
76.	Sponge Bath	Sg B
77.	Steam Bath	St. B
78.	Short wave diathermy	SWD
79.	T Pack	T Pk
80.	Therapeutic Yoga	T Y
81.	T raction	Trc
82.	T rataka	TRK
83.	Turmeric	Tm
84.	Under Water massage	UWM
85.	Vamana Dhouti	VmD
86.	Vibro Massage	VM to
87.	Wax Therapy	WT to

Dir -Direct	Appl - Application	I - Intermediate	Sh - Shallow	N - Neutral
W - Warm	C - Cold	H - hot	Alt- Alternate	P- Prolonged
S- Short	M- Moderate			